

- *Unit 1: Why is this course relevant to me?*
 - *Chapter 1: Unprecedented challenges but plenty of solutions in Nature.*
 - *Case study: Nature's solutions for planetary health: a case study from Borneo*
 - *Interview videos from world leaders*
 - *Chapter 2: Let's get started!*
 - *Case study: Nature's solution to coastal flooding: a case study from Indonesia*

- *Unit 2: What are Nature-based Solutions?*
 - *Chapter 1: What do we mean by Nature-based Solutions to disaster and climate resilience?*
 - *Case study video: Nature's solution to flooding: a case study from Sri Lanka*
 - *Chapter 2: Nuts and bolts*
 - *Case Study: Nature's solutions to landslides: a case study from Kenya*

- *Unit 3: Nature-based Solutions applied to pressing challenges: urbanization, coastal development and dryland expansion*
 - *Chapter 1: Part 1: Challenges*
 - *Chapter 2: Part 2: Solutions*
 - *Case study: Nature's solutions to flash floods: a case study from Oman*

- *Unit 4: Including communities, youth and indigenous people in Nature-based Solutions*
 - *Chapter 1: Inclusive action*
 - *Case study: Youth messages from around the world*

- *Unit 5: From policy to practice*
 - *Chapter 1: Action in the making: policies for disaster and climate resilience*
 - *Interview videos from world leaders*
 - *Chapter 2: Engineering with Nature*

- *Unit 6: The business case for Nature*
 - *Chapter 1: The business case for Nature*
 - *Interview videos from world leaders*

- *Unit 7: Over to you: time for action*